



SUNRISE SIDE LIFELONG LEARNING

2022 Fall Program

This program concludes our tenth and final year. We think you'll find something here to *"Expand your world. Enrich your life"*.

We hope you remember some of the 175 plus day and overnight trips, over 350 classes, membership meetings, and socials we've offered since Carole Cooper started SSLL in 2013. Were you on the trip when the bus broke down and we had to wait for a replacement? Remember the tea and fashion show? Perhaps you tried dog sledding, gliding, welding, or kayaking, painting, sculpting, singing or selected from the myriads of other offerings. SSLL covers Alcona, Iosco, Arenac and Ogemaw counties. And we did this!

To the countless volunteers who made SSLL possible, we thank you.



Don & Barb Horgan
Christmas Outfit for Two
SSLL Tea and Fashion Show



Members still talk about Costa Rica, Iceland, Ireland, and Nepal where then 92-year-old June Scott tried ziplining for the first time.

Now that's expanding your world!

We continue! In *Afternoons with the British Monarchy*, from this Summer's Program, instructor Heide Howe, dressed as Queen Victoria, and SSLL members enjoy tea and the Monarch of the day's favorite dessert. So what was the dessert? Turn to page 7 to find out.



We've been many places, attended a variety of classes, met nice people, and made new friends, but the journey isn't over. We've learned to actively pursue lifelong learning. The mission of Sunrise Side Lifelong Learning still exists and will continue to exist as long as our memories endure.

MISSION STATEMENT

SSL is a member directed 501(c)3 nonprofit organization that plans and offers informal educational programs and activities to enrich the daily lives of its members and others through classes, trips, outdoor activities and social events. Each Spring/Summer and Fall new sets of classes and trips are offered to people who are 50 and over in Alcona, Arenac, Iosco, and Ogemaw counties. People are asked to pre-register for all programs and events and to evaluate the events in which they participate. It is our mission to provide participants with the highest quality, lowest cost programs to foster their continual learning and enrich their lives. Sunrise Side Lifelong Learning (SSL) offers unique classes, but without tests, grades or papers that will meet in 1-4 sessions. You do not have to have graduated from high school or college to attend. You just need to have an interest in continuous learning. Classes are offered in the following categories:

- **Art & Photography**
- **Computers & Technology**
- **Cooking & Hobbies**
- **Fitness & Health**
- **History & the Future**
- **Legal Issues, Personal Finance and Development**
- **Literature, Language & Writing**
- **Music, Movies & Plays**
- **Nature & Science**
- **Religion, Spirituality & Anthropology**

MEMBERSHIP

Membership is \$40 per year, or \$47 per year, if you have no email address, and covers programs and events from January 1 through December 31. Post Covid lockdown we have restored, or are working to restore, the following membership benefits:

- Reduced cost for all SSL classes and programs
- Membership in an on-going learning community
- Early Registration

PLEASE NOTE: Since we will cease operations December 31, 2022, we will not be accepting memberships for 2023.

REGISTRATION AND EVENT DETAILS

- 1. REGISTRATION:** Participants can register upon receiving their program. Registration can be mailed or brought to the office. Registrations will be taken in the order received. To guarantee your reservation in a class or trip, payment must be received with your registration form. Trip and class size limits are listed with each description. Maximum trip size is 37 unless otherwise stated. A registration deadline is needed to be able to secure bus, tickets and meals ahead of time, in order to conduct the trip. If you have missed the deadline for the trip, you can still call to indicate your interest. In some cases, you may still be able to register. Times of SSSL events are subject to change. You will receive notification with all pertinent information at least one week prior to an event. Notifications will be via email if you have not submitted the additional \$7 membership fee for mailing. Always check your spam or junk mail for notification.
- 2. WAIT LISTS:** When an event is full, we form a wait list. If a cancellation occurs, we will call the first person on the wait list and continue down until we can fill the vacancy. If you have paid for an event and are waitlisted, you will be refunded once the event takes place.
- 3. TRIP ACTIVITY LEVELS:** Please do not sign up for a trip that is beyond your physical capabilities. All trips have a symbol that shows that trip's activity level.
E=Easy: minimum walking, some stairs, boarding bus is OK, can stand for up to an hour
M=Moderate: may need to walk a mile, stand for over an hour, may need to climb stairs
H=Hard: may need to walk more than a mile on uneven terrain, may need to climb up to 2 flights of stairs, may need to be in confined spaces, may need to do several activities back-to-back
- 4. 5-MINUTE WAIT TIME:** If you are attending a class or trip that specifies meeting at a parking area, the group will wait no more than 5 minutes beyond the posted start time.
- 5. MEMBERSHIP AND WAIVER FORM:** For each participant, a waiver must be signed and on file in the SSSL office. Your form will be valid for the calendar year. This policy informs and protects our participants as well as SSSL.
- 6. EMERGENCY CONTACTS:** You will be asked to provide emergency contact information on your membership form every year. Please make sure you use a contact that will not be attending events with you.
- 7. CANCELLATIONS, INCOMPLETE EVENTS AND REFUNDS:** If you cannot attend an event for which you have already paid, you must notify the SSSL office, 362-3006 ext. 1168 one week prior to the class and one month prior to a day trip, in order to receive a refund. Additional restrictions on cancellation or refunds for events may apply if SSSL has incurred non-refundable expenses or as set forth in the descriptions or terms and conditions of third-party providers. If area schools are closed due to weather conditions, then, unless registrants are otherwise notified by phone or email, all SSSL events for that day will also be cancelled. In addition, SSSL may cancel or be unable to complete events due to inclement weather, emergency, acts of God, actions of third parties, or other events or circumstances beyond the control of SSSL. If an event is cancelled or not completed, SSSL will make reasonable attempts to reschedule the event. If an event is not rescheduled, or a registrant provides notice to SSSL that the registrant is unable to attend the rescheduled event, SSSL will issue a refund to the registrant; provided, however, that the amount refunded to the registrant will be reduced by any amounts paid by SSSL to third parties in respect of the event for which SSSL has not itself received a refund.

Summer Social

SSLL “Walk Down Memory Lane” Social

Thursday August 18 3:30pm - ? Robert Bolen Park

Come enjoy an afternoon with your friends from SSLL. Let’s take a stroll down memory lane as we reminisce about the trips, classes, and other events we’ve shared throughout the years. We have a fun filled afternoon planned with music, a little SSLL trivia and maybe a few other things up our sleeves. Bring your funniest stories or most memorable moments to share. You might even win a prize for the best story.

SSLL will provide a picnic lunch with dessert, nonalcoholic beverages, water, and coffee. Bring adult beverages if you choose.

Free to 2020 through 2022 members.

Non-member spouses are welcome.

Please note: We need an accurate count to order food. The registration deadline is Monday, August 1st. All registrations after August 1st will be subject to limited availability.

Robert C. Bolen Memorial Park is located at 750 Newman Street, adjacent to the East Tawas Community Center.

COOKING AND HOBBIES

- **Beaded Creations** **Thur. Sept.22** **1:00-3:00**
Create your own bracelet and earrings using colorful beads and memory wire. Cost includes materials. **This class, taught by Judy Howe, will be held at the Tawas Bay Art Gallery on Newman Street.**
Price: \$30 Members \$35 Non-Members Maximum: 10
- **Cooking With Chef Kim** **Thur. October 27** **3pm-5pm**
Pie pumpkins are not only for desserts! They make a great stuffed entre as well. This savory stuffed pumpkin is a delicious dinner entre that makes a great center piece for your dinner gathering. **This class will be held at the IRESA cooking classroom, 40 W. M-55 (old Masonic Temple).** Price includes food cost.
Price: \$20 Members \$25 Non-Members Maximum: 10
- **Learn to Make Teabags** **Wed., Nov. 2** **10am-Noon** **IRESA Classroom**
Blend dried herbs and spices to create your own signature blends of teas. Fill each teabag with your own creation and take them with you to enjoy at home. This class is taught by Karen Otwell, *The Herb Lady*. Price includes ingredients.
Price: \$20 Members \$25 Non-Members Maximum: 20

FITNESS AND HEALTH

- **Bogey's Indoor Golf Center** **Tues., Oct. 4** **10am-11am or 11am-Noon**
Practice and play at some of the best golf courses in the world without leaving Tawas. Bogey's offers multiple commercial golf simulators including TrackMan, an industry leader that is trusted by PGA Tour Professionals. Bring your own clubs to practice. Bogey's has a few loaner clubs and golf balls if you'd like to play but don't own clubs. **Bogey's is located at 1131 S. US-23, Tawas City. Please indicate the 10am-11am or 11am-noon session on the registration form. If you want to golf for two hours, register for both sessions.**
Price: \$10 per hour Members \$12 per hour Non-Members Maximum: 8 per hour

HISTORY AND THE FUTURE

- **The 114th Pennsylvania: Zouaves in the Civil War** **Tues., Nov. 8** **10am-11:30am**
In this class **at IRESA** Shawn Holliday will address the origin, uniform, daily life and service of a Zouave unit in the Union Army of the Potomac. Outlandishly dressed as fierce Algerian tribesmen, Zouave units from almost every state in the Union compiled an impressive wartime record. The 114th PA distinguished itself at Fredericksburg, Chancellorsville and Gettysburg, where it was virtually destroyed on the second day, fighting to defend the Union Army's vulnerable left flank.
Price: \$15 Members and non-members. Maximum: 20
- **God Will It! The Knights of St. John in the Crusades** **Tues., Nov. 22** **10am-11:30am**
In this class **at IRESA** Shawn Holliday will focus on the creation and development of the Hospitallers, a Christian order whose original ministry of providing for the physical needs of pilgrims to the Holy Land evolved into providing for their defense. Thus was born the Knights of St. John, an elite military force sworn to protect those pilgrims, and the Christian kingdoms carved out of Palestine during the Crusades. Brethren to the Knights Templar, the Hospitallers fought the increasing wealth and power of Islam for four centuries, first as knights on horseback, then as pirates across the length and breadth of the Mediterranean Sea, and last as the only garrison left standing between the armies of Sultan Suleiman the Magnificent and Rome. Deus lo vol!
Price: \$15 Members and non-members. Maximum: 20

LEGAL ISSUES, PERSONAL FINANCE AND DEVELOPMENT

- **Investments: Get Back to Basics** **Tues., Sept. 13** **10am-11:30am**
Financial advisor Sheila Malewska will be at IRESA to answer your questions. Submit them in advance or bring them to class. Topics to cover include market updates, recent scams, how to read your investment statement, what is a mutual fund, why am I invested in a security or mutual fund, crypto currency, my RMD, pretax once a year, what is my insurance?
Price: \$15 Members \$20 Non-Members Maximum: 20
- **10 Things You Should Know About Insurance** **Thur., Oct. 13** **10am-11am**
What benefits are provided by a traditional Homeowners policy? Why is auto insurance in Michigan so expensive? What is the best way to save money on insurance? Should I buy insurance from a rental car company when I rent a car? How much insurance do I need? What does an umbrella policy do for me? Get a recommendation that could provide a great benefit if you need to file a claim. What is the difference between Captive and Independent Agents? What is the difference between an insurance agent and an insurance company? What are the various types of insurance (Life, Health, Property & Casualty, Long Term Care)? Cliff Miller from TCA Insurance is passionate about risk management and insurance coverage. Join him at IRESA. You will find his thoughtful and deliberate way of explaining insurance creates a better understanding, offering clarity on a topic that is often confusing.
Price: \$15 Members \$20 Non-Members Maximum: 20
- **Reverse Mortgages** **Tues., Oct. 18** **10am-Noon**
Join Andrew Johnson and Michael Erickson from Varos Mortgage at IRESA to learn about Reverse Mortgages. The presentation will include a definition of the most frequent types of mortgages: Fixed Rate Traditional, Adjustable Rate Traditional, Home Equity Line of Credit, Home Equity Loan, and Reverse Mortgages. After an introduction to Reverse Mortgages, the pros and cons will be discussed including when clients will benefit from a Reverse Mortgage vs a Forward Mortgage. The session is open for questions.
Price: \$15 Members \$20 Non-Members Maximum: 20

MUSIC, MOVIES AND PLAYS

- **Tawas Bay Players: Disaster! a 70's Musical** **Sun., Oct. 23** **Play 1:30-4:00**


Disaster! is a new musical straight from Broadway, featuring some of the most unforgettable songs of the '70s. "Knock on Wood," "Hooked on a Feeling," "Sky High," "I Am Woman" and "Hot Stuff" are just a few of the scintillating hits in this hilarious musical comedy. It's 1979, and New York's hottest A-listers are lining up for the opening of a floating casino and discotheque. Also attending is a faded disco star, a sexy nightclub singer with her eleven-year-old twins, a disaster expert, a feminist reporter, an older couple with a secret, a pair of young guys who are looking for ladies, an untrustworthy businessman and a nun with a gambling addiction. What begins as a night of boogie fever quickly changes to panic as the ship succumbs to multiple disasters, such as earthquakes, tidal waves and infernos. As the night turns into day, everyone struggles to survive and, quite possibly, repair the love that they've lost... or at least escape the killer rats. **Presented at Tawas Bay Playhouse, 401 Newman Street, East Tawas, MI 48730.** Meet the cast after the show and ask any questions you may have. Then enjoy dinner on your own with the group at G's Pizzeria.

Optional: Wear your best costume from the 70's and join the competition during intermission.

Price: \$13 Members and Non-members Maximum: 25

- Good Old-Fashioned Sing a Long with Sheila Wed., Nov. 16 2:30pm-4:00pm**
 Join Sheila Malewska at IRESA for some of your favorite traditional church hymns and American favorites! Christian beloveds like, "How Great Thou Art", "Amazing Grace", "Abide with Me", "In the Garden", and "Just As I Am". You'll sing "This Land is Your Land", "Home on the Range", "Oh, Danny Boy", and "America the Beautiful". Do you have a favorite you want to include? No problem! Send a request in advance and we can add it to the list. There is no level of talent or musicality needed for this class. Bring a desire to listen, laugh, maybe cry, and enjoy songs you've known your whole life.
Price: Free Open to the public. Bring a friend Maximum: 30

RELIGION, SPIRITUALITY, AND ANTHROPOLOGY

- Introduction to Crystal Healing Tues., Oct. 11 1:00pm-2:30pm at IRESA**
 Come learn about the most popular crystals used in healing with Lain Mackenzie, yoga and meditation teacher of 'To the Moon & Back' in Oscoda. She will instruct on the ways you can use crystals in daily life and in personal healing practices, while also delving deeper into the science behind why they work!
Price: \$15 Members \$20 Non-Members Maximum: 20



Queen Victoria's Favorite Dessert

Sponge Cake with Buttercream and Raspberry Filling

Expertly baked by Judy Howe

DAY AND OVERNIGHT TRIPS

Art Prize and Meijer Gardens - Grand Rapids

Thur. & Fri. Sept 29 & 30
7:00am Thur.-7:10pm Fri.



Art Prize is the largest art competition in the world. Since its inception in 2009, millions have participated in ArtPrize. Nearly 200 venues throughout Grand Rapids open their doors to host artists and visitors. No matter the size of the space, whether it's public or private, indoors or outdoors—museums, parks, universities, retail shops, office spaces, restaurants, cafes, nonprofits, churches, residences and truly any other building or space can join in the energy and excitement of ArtPrize. Artists come from around the world to showcase their artwork. ArtPrize awards \$500,000 directly to artists, through grants to support their ambitious work and through prizes which the public decides through

the ArtPrize website. Events and happenings pop up every day—from concerts and dance parties to festivals and family artmaking. And hundreds of thousands of visitors come to experience it all. The energy and excitement of ArtPrize is overwhelming throughout Grand Rapids. Trip includes bus, driver tip, hotel, admission to Meijer Gardens, lunch, indoor tour, tram tour of the gardens and sculpture gardens.

This trip is not for people with mobility issues!

Registration Deadline: August 22nd

**Maximum Group Size:32 Difficulty Level: M Preapproved Trip Leader: \$145
Members: \$285 Non-members: Add \$20 Single Supplement: \$86**

Please list your roommate or include the single supplement on the registration form.

Mushroom House & Castle Farms Tours – Charlevoix Thursday, October 20 7:15am-6:25pm



Designed and built by Charlevoix native and legend Earl Young, the Mushroom Houses are over 26 of the most fascinating stone structures ever built. An avid nature lover, Young constructed each house from the stones and boulders that line the miles of shoreline in Northern Michigan. The guides have researched and provided tours for over 10 years and have an unbridled passion for each and every house. Their

enthusiasm, knowledge and excitement are why Trip Advisor named this tour the #1 “thing to do” in Charlevoix. The guide will join us on the bus and narrate our driving tour.



Step back in time with a visit to Castle Farms, one of Michigan’s premier historical attractions. Castle Farms offers visitors the chance to explore acres of gardens, discover dragons, and experience Michigan’s largest outdoor model railroad. The Castle, built in 1918 by Albert Loeb, president of Sears, was never a private residence, but rather, a working model dairy farm for Holstein-Friesian dairy cattle. The Great Room, which you will see on the second floor, was actually a hayloft for dairy cows. Trip includes bus, driver tip, mushroom house tour, lunch and tour at

Castle Farms, tips for lunch and tours.

Maximum Group Size: 37

Members: \$163 Non-members: Add \$20

Registration Deadline: September 19

Difficulty Level: M (Walking)

Preapproved Trip Leader: \$63

Soaring Eagle Casino and /or Mid-Michigan Paranormal Conference

Mt. Pleasant

Sunday, November 6

9:00am -7:00pm



Enjoy a day of gambling, attend the Paranormal Conference, or do both.

Soaring Eagle: Soaring Eagle provides \$20 Premium Play (loaded onto players Club Card), \$10 food voucher, and \$10 Bingo Bucks Voucher.

Paranormal Conference: Learn more about ghosts & the paranormal - bigfoot - local paranormal investigations - haunted Michigan

history - psychics & mediums - cryptids - ufology - haunted objects - aliens - demons - Ouija boards - psychic readings - tarot - palmistry - oddities - crystals - paranormal apparel - private seances - group gallery readings - all day speakers & presentations - prizes - giveaways and so much more! Our presenters come from all over the country to Mid-Michigan to deliver up-to-date research, raw data, discuss scientific studies, video/audio evidence, offer hands-on psychic galleries, and share their real experiences from all over the world! & if your spine starts to tingle, head over to the Haunted Halls & Magickal Marketplace where 60+ unique vendors of oddities, curiosities, haunted items, spiritual supplies, sage, crystals, psychics, tarot readers, mediums, authors, paranormal investigators, radio personalities, artists, and MORE display their wares and share their stories! Trip includes bus, driver tip, optional Paranormal Conference. **If you just want to attend the Haunted Halls & Magickal Marketplace, it's only \$5 at the door.** **Open to non-members over 21 at no additional cost.**

Maximum Group Size: 50

Preapproved Trip Leader: Free Casino

Difficulty Level: E

Registration Deadline: October 4

Casino: \$75.00

Paranormal Conference: Additional \$55

Soaring Eagle provides a complimentary incentive package worth \$40 in bonuses.

Each participant must provide either their Player's Card Number or their full legal name, address, and date of birth on the registration form. Each participant must show a Photo ID at the Casino.

**Zehnder's Christmas Lunch & Show Frankenmuth Thursday, December 1st
9:30am-5:30 pm**



A celebration of all the Christmas favorites with a different twist, *Christmas with Groove Marmalade* brings everyone in a journey through space and time as this explosive band pays tribute to the most well-known Christmas songs of all eras while also giving the songs a good dose of adrenaline. Their renditions range from styles such as Rock and Roll, Funk, Swing, Country, Reggae and even Latin, making this show unique and a fun one not to be missed. This group will bring back not only great memories but also a fun, entertaining and engaging show – everyone will be clapping, singing and dancing. Trip includes bus, driver tip, lunch including tip, and show.

Maximum Group Size: 32 Difficulty Level: E Registration Deadline: October 26
Members and Non-members: \$134

Sunrise Side Lifelong Learning

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